

# UG105: Understanding the Basics of Ultrasound

## Worksheet - Practice Activities

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Completion education. No accredited nursing contact hours awarded.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**How to use this worksheet.** These are hands-on practice activities, not the post-test. Work through them using the study guide: define the terms you'll use at the bedside, work the case, and self-rate the actual steps of the skill.

## Part 1 — Key Terms

Fill in a plain-language definition for each term the way you would explain it to a new colleague.

| Term | Your definition |
|------|-----------------|
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## Part 2 — Applied Case Work

**Scenario.** You are caring for a patient whose plan of care directly involves **Understanding the Basics of Ultrasound**. Working from this module's content, document (a) your initial assessment, (b) the technique or decision you would choose and the rationale, (c) the complications you are watching for, and (d) the key documentation points. Reference the lesson sections that informed your reasoning.

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### Part 3 — Skills & Decision Self-Check

For each action from this module, mark how confident you are. Anything you mark “Review” is where to focus before the post-test and at the bedside.

*(List the main steps or decisions from this module and rate your confidence in each.)*

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### Part 4 — Notes & Questions for Your Educator

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