

DRS100: Dressings and Dressing Changes for VADs

Worksheet - Practice Activities

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Completion education. No accredited nursing contact hours awarded.

Name: _____

Date: _____

How to use this worksheet. These are hands-on practice activities, not the post-test. Work through them using the study guide: define the terms you'll use at the bedside, work the case, and self-rate the actual steps of the skill.

Part 1 — Key Terms

Fill in a plain-language definition for each term the way you would explain it to a new colleague.

Term	Your definition
Site	
Device	
Patient	
Grade findings	

Part 2 — Applied Case Work

Scenario. You are caring for a patient whose plan of care directly involves **Dressings and Dressing Changes for VADs**. Working from this module's content, document (a) your initial assessment, (b) the technique or decision you would choose and the rationale, (c) the complications you are watching for, and (d) the key documentation points. Reference the lesson sections that informed your reasoning.

Part 3 — Skills & Decision Self-Check

For each action from this module, mark how confident you are. Anything you mark “Review” is where to focus before the post-test and at the bedside.

#	Key action / decision	Got it	Review
1	Explain why the dressing is an infection-control intervention rather than a cosmetic covering.		
2	Select the appropriate dressing type for a given site and patient condition.		
3	State evidence-based routine change intervals and the triggers for unscheduled change.		
4	Perform a sterile dressing change using sterile technique.		
5	Recognize, prevent, and grade medical adhesive-related skin injury (MARSİ).		
6	Complete a structured site assessment and documentation set at every change.		

Part 4 — Notes & Questions for Your Educator

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